

# School-Based Behavioral Health Overview



SUPPORTS	MTSS TIER	DESCRIPTION	EASE	COST	RESOURCES REQUIRED
Classroom Management Strategies	1	Teachers' use of positive reinforcement, clear rules and expectations, and consistent consequences to manage student behavior.			Teacher training and professional development
Mental Health Awareness Events (ex: fun run)	1	Student awareness events to reduce stigma and encourage students to reach out to peers and school faculty when they need extra support.			Planning time, staff time for implementation
School Faculty Training	1	Training school administrators and faculty to ensure that schools are informed and supportive to their students' mental health needs.			Staff time outside of school hours
Social-Emotional Learning (SEL) Programs	1	Programs that help students develop self-awareness, self-control, and interpersonal skills, often integrated into the regular curriculum.			Curriculum materials, teacher training, and planning time
Mental Health Screening and Referring	1, 2	School staff screen students for behavioral health concerns and refer them to providers.			Provider contracts, school funding partnerships, data management
Behavioral Intervention Plans (BIP)	3	Tailored plans developed for individual students who exhibit challenging behaviors, involving identifying triggers and implementing strategies to reduce problematic behaviors.			Staff training, staff time for observation, planning, and implementation
Peer Mediation and Mentoring Programs	2	Programs that involve training students to help their peers resolve conflicts and provide support, serving as positive role models.			Training for student mediators and mentors, staff oversight, ongoing support
Certified Peer Specialist (CPS) Programs	2	Programs using individuals with lived experience to support students and parents.			Peer specialist training, school collaboration
School-based Telehealth	2, 3	Children and families' access to mental health care through telecommunication technologies.			Dedicated space, staff time, telecommunications equipment, Medicaid billing
School-Wide Positive Behavioral Interventions and Supports (PBIS)	1	A proactive approach that establishes behavioral supports needed for all students to achieve social, emotional, and academic success. This program is proven to reduce disciplinary incidents and increase the sense of safety in school.			Staff training, data collection systems, and ongoing evaluation
Counseling Services (Individual and Group)	2, 3	Schools' employment of mental health professionals to provide counseling services through individual or group sessions.			Licensed providers, dedicated space, ongoing training, regulatory compliance
Alternative Schooling or Therapeutic Day Programs	3	Programs designed for students with severe behavioral issues that cannot be managed in a traditional school setting, providing intensive support and a modified curriculum.			Specialized staff, a separate facility, transportation, and individualized programming

Easy/Low Difficult/Very High

# School-Based Behavioral Health Overview *continued*



SERVICE MODELS	MTSS TIER	DESCRIPTION	EASE	COST	RESOURCES REQUIRED
Screening and Referring Services (SRS)		Contracted providers conduct student screenings and provide referrals to providers in the community.			Provider contracts, school funding partnerships, data management
School-Community Partnerships		Contractual partnerships with community behavioral health providers to deliver a range of in-school services.			Contractual agreements, clinical space, licensed clinicians, diverse funding sources
Georgia Apex Program		State-funded program connecting schools with behavioral health providers, prioritizing Tier 3 interventions for students.			Partnership agreements, detailed proposals, DBHDD funding, Medicaid and private insurer billing
Full-Service In-House Centers		Comprehensive mental health services including diagnosis, treatment, and crisis intervention, often in partnership with community health organizations.			Significant funding, dedicated space, providers from various disciplines, extensive coordination

Easy/Low Difficult/Very High